

## PPRS III

In 1985 as a pre-conference to the International Psychoanalytic Congress in Hamburg – the Department of Psychotherapy organized the first conference on Psychoanalytic Process Research Strategies. This conference documented the creation of a field, as Hartvig Dahl put it. The proceedings were later published and the book is still available on my homepage ([www.horstkaechele.de](http://www.horstkaechele.de)) in the english section):

H. Dahl, H. Kächele, H. Thomä (Eds.) (1988): Psychoanalytic Process Research Strategies. Springer Berlin Heidelberg New York

12 years later, in 1997, the second conference took place; the proceedings are also available on my homepage:

H. Kächele, E. Mergenthaler, R. Krause (Eds.) (1999): Psychoanalytic Process Research Strategies II. Ulm, Ulm Textbank

Now the third conference in June 2009 was devoted to the evaluation of long term psychoanalytic-psychodynamic therapies in the times of evidence based medicine.

Long term treatments are hard to study in the frame of RCTs; patients and therapists too often are not motivated to accept the tight frames of such studies. So how to generate evidence of „what works for whom“ has been a crucial matter in many countries. Does it make sense to maintain the distinction of efficacy and effectiveness for long-term treatments as well?

Is it possible to perform a randomized-controlled trial comparing high and low frequency psychoanalytic treatment . Such questions formed the core of the conference and the experiences of European researcher have provided the state of the art on these issues.

