

CV

**Andrzej Werbart**

Ph.D, asociated professor in clinical psychology

Training and supervising analyst, and child and adolescent analyst at the Swedish Psychoanalytical Society, honorary member of the Polish Psychoanalytical Society  
Research Director at the Institute of Psychotherapy in Stockholm

Thus, I combine private psychoanalytic practice, supervizing, teaching and scientific research.  
My main research projects are now:

Private theories of pathogenesis and cure: patients in psychoanalysis and their analysts (PSA)  
Young Adult Psychotherapy Project (YAPP)

Young Adults Own Understanding, Thinking and Managing of Everyday Life (YOUTH)  
Quality Assurance of Psychotherapy in Sweden (QAPS)

My main research interest is naturalistic longitudinal studies and comparing the patients' and the therapists' perspective on helpful and hindering factors in psychotherapy and psychoanalysis. For more info about my current research please see [www.slso.sll.se/pi](http://www.slso.sll.se/pi) and go to Research and Development (R&D).

I am editor of the Swedish translation of volume VIII of Collected Papers of S. Freud, "Case Studies."

Some of my publications in English:

Fatouros Bergman, H., Preisler, G., & Werbart, A. (2006). Communicating with patients with schizophrenia: Characteristics of well functioning and poorly functioning communication. *Qualitative Research in Psychology*, 3, 121-146.

Johansson, L. & Werbart, A. (2009). Patients' view of therapeutic action in psychoanalytic group psychotherapy. *Group Analysis*, 42, 120-142.

Levander, S., & Werbart, A. (2003). Different views of a psychotic breakdown: Complementary perspectives of a bewildering experience. *Psychoanalytic Psychotherapy*, 17, 163-174.

Lilliengren, P. & Werbart, A. (2005). A model of therapeutic action grounded in the patients' view of curative and hindering factors in psychoanalytic psychotherapy. *Psychotherapy: Theory, Research, Practice, Training*, 42, 324-339.

Philips, B., Wennberg, P. & Werbart, A. (2007). Ideas of cure as a predictor of premature termination, early alliance, and outcome in psychoanalytic psychotherapy. *Psychology and Psychotherapy: Theory Research and Practice*, 80, 229-245.

Philips, B., Wennberg, P., Werbart, A., & Schubert, J. (2006). Young adults in psychoanalytic psychotherapy: Patient characteristics and therapy outcome. *Psychology & Psychotherapy: Theory Research and Practice*, 79, 89-106.

Philips, B., Werbart, A., & Schubert, J. (2005). Private theories and psychotherapeutic technique. *Psychoanalytic Psychotherapy*, 19, 48-70.

Philips, B., Werbart, A., Wennberg, P., & Schubert, J. (2007). Young adults' ideas of cure prior to psychoanalytic psychotherapy. *Journal of Clinical Psychology*, 63, 213-232.

Werbart, A. (1997). Separation, termination process and long-term outcome in psychotherapy with severely disturbed patients. *Bulletin of the Menninger Clinic*, 61, 16-43.

- Werbart, A. (1999). The dialectics of psychoanalytic research. *Scandinavian Psychoanalytic Review*, 22, 85-101.
- Werbart, A. (2000). Our need of taboo: Pictures of violence and mourning difficulties. *Free Associations*, 46, 21-48.
- Werbart, A. (2002). Internet Discussion Review "The meaning of dreams in the psychotic state: Theoretical considerations and clinical applications" by Paola Capozzi and Franco De Masi. *International Journal of Psychoanalysis*, 83, 551-563.
- Werbart, A. (2005). Between private construction of meaning and canons of science: Freud's case studies *noch einmal*. *International Journal of Psychoanalysis*, 86, 1441-1461.
- Werbart, A. (2007). Utopic ideas of cure and joint exploration in psychoanalytic supervision. *International Journal of Psychoanalysis*, 88, 1391-1408.
- Werbart, A. & Levander, S. (2005). Understanding the incomprehensible: Private theories of first-episode psychotic patients and their therapists. *Bulletin of the Menninger Clinic*, 69, 103-136.
- Werbart, A. & Levander, S. (2006). Two sets of private theories in analysands and their analysts: Utopian versus attainable cures. *Psychoanalytic Psychology*, 23, 108-127.
- Werbart, A., & Lindbom-Jakobson, M. (2001). The "living dead" – survivors of torture and psychosis. In P. Williams, ed. *A language for psychosis: Psychoanalysis of psychotic states* (pp. 98-114). London: Whurr Books.